



康谷中華文化協會
Conejo Chinese Cultural Association

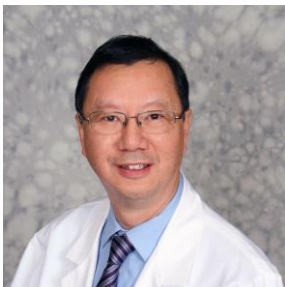
California Lutheran
UNIVERSITY

Department of Language and Cultures

Seminar Series

DOCTORS OF PODIATRIC MEDICINE HELP KEEP OLDER PERSONS ON THEIR FEET AND ACTIVE

For healthcare, the aging of American Society has been called the most profound demographic change of the 20th century, creating a whole new set of problems. The quality of life degenerates rapidly for a person who is unable to move about freely. The feet change as an inevitable effect of aging. Nails get thicker, skin drier and such problems as corns, calluses, arthritis, bunions and hammertoes increase. It is common for the foot's natural cushion to thin out and lose some of its shock and absorbing quality. Serious systemic problems--- arthritis, diabetes, kidney problems, circulatory disorders, bone conditions, etc. often are indicated initially by symptoms in the feet and legs. For older persons, good foot health can be the difference between enjoyment or infirmity, active involvement or debilitating decline. Keeping aging population active longer and more capable of caring for themselves is critical to their well-being. Good medical foot care is an important part of this equation.



Speaker: William Kwan, D.P.M., F.A.C.F.A.S

Diplomate, American Board of Foot and Ankle Surgery
Private Practice in Ventura County, Simi Valley since 1983

Cost: Free

Language: English

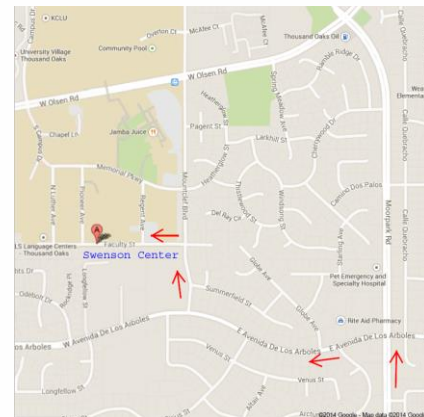
When :

Saturday, March 05, 2016 at 9:45-11:00am

Where :

Swenson Center, Room SWEN 101, CLU
141 Faculty Street, Thousand Oaks, CA 91360

Swenson Center, CLU is five minutes away from TOHS with plenty of parking space along



Seminar is supported by Ventura County American Chinese Medical Dental Association